

Nursing Course Reflection and Future Plans

The author reflects on the experiences nurses have had due to taking his course and what is vital in nursing.

Title: Nursing Course Reflection and Future Plans

Introduction:

Throughout my journey as a nursing student, I have been exposed to many new experiences and knowledge that have contributed to my professional development. My understanding of patient care and the healthcare field has been reshaped and deepened, encouraging me to reflect upon the course competencies I have acquired and my future plans as a nursing professional.

Course Competencies and Development Plans:

One of the primary competencies I acquired during the nursing program is critical thinking, which is vital in delivering high-quality patient care (Papathanasiou, Kleisiaris, Fradelos, Kakou, & Kourkouta, 2014). From diagnosis to devising patient care plans, critical thinking has been invaluable. In the future, I plan to continue honing this skill through continuous learning and practical application in various nursing contexts.

Verbal and non-verbal communication is another competency that the nursing course has refined. Effective communication is essential for patient-nurse relationships, resulting in better patient outcomes (Sheldon, Barrett, & Ellington, 2006). My development plan involves enhancing this skill further through courses focusing on interpersonal communication in a healthcare setting.

The course also instilled in me a deep respect for cultural competence. Understanding diverse health beliefs, practices, and needs is essential in today's multicultural society (Purnell, 2013). To improve my cultural competence, I plan to engage more with diverse communities and stay informed about global health issues.

Lastly, the program emphasized the importance of teamwork and collaboration in a healthcare setting. Effective collaboration reduces medical errors and improves patient outcomes (Manser, 2009). My future plan is to actively participate in

interdisciplinary team projects and attend seminars on team dynamics and collaboration.

Conclusion:

Reflecting on my nursing course, I feel a profound sense of growth and learning. It has honed my skills, shaping me into a better healthcare provider. My future plans reflect my commitment to nursing and its underlying principles of care, empathy, and continuous learning. I look forward to enhancing the skills and knowledge I have gained during the course and positively impacting the healthcare system.

References:

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